

## **CURICULUM VITATE**

#### Elhameh Nikkhah

Ph.D of Pharmaceutical Sciences (Pharmacognosy)

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#### Personal information:

Name: Elhameh Nikkhah

Date of birth: 1983

Place of birth: Maragheh

Marital status: Married

Tel: 37275551-306 Mobile: 09336749137

### Education:

• PhD of Pharmaceutical Sciences (Pharmacognosy), Tabriz University of Medical Science, Tabriz, Iran (2012-2017)

#### Thesis title:

"Phytochemical study and vasodilatory effect of Scrophularia umbrosa Dumort."

- MSc of Plant systematics, Urmia University, Urmia, Iran
- Bachelor of animal biology

### Research field and interests:

- Pharmacognosy
- Plants systematics
- Cell culture
- Molecular biology

# Professional experiences (researches and teachings)

I have been involved in teaching of the following subjects:

• Biology, Plant systematic, Plants Physiology, cytogenetic, ...

I have also been involved in the following researches

	Title of article	Journal	year	
1	Effect of sugar treatment on stability of anthocyanin pigments in berries	Journal of biological Science	2007	
2	Effect of SO2 treatment on stability of anthocyanin pigments in berries	Research Journal of Biological Science	2008	
3	In Vitro-Screening for Antioxidant Activity and Cancer-Suppressive Effect of Blackberry (morus nigra)	International Journal of Cancer Management	2008	
4	In vitro antioxidant activity of one Species of berry (Morus alba var.nigra)	International journal of plants production	2009	
5	Evaluation of nitric oxide scavenging activity of anthocyanins from black berry (Morus nigra L.), strawberry (Fragaria vesca L.) and berry (Morus alba L. Var. nigra) extracts	Iranian Journal of Medicinal and Aromatic Plants,	2009	
6	The Effect of Ascorbic acid and H2O2 treatment on stability of anthocyanin pigments in Berries	Turkish Journal of biology	2010	
7	Evaluation of Antioxidant and Antimicrobial Activities of Methanolic Extract from Malva silvestans and Lowsonia inermis on intestinal bactria	Journal of Microbial World	2010	
8	Effect of some chemicals on stability of anthocyanins from blackberry (Morus nigra)	Iranian Journal of Biology	2012	
9	Evaluation of nested PCR method for diagnosis of meningitis due to Neisseria meningitidis and Haemophilus influenza	Turkish Journal of biology	2012	
10	Evaluation of antioxidant and antibacterial effect of methanolic extract from thyme (Thymus vulgar), senna (Cassia angustifolia) and licorice	Daneshvar Medicine	2012	

	(Glycyrrhiza glabra)		
11	Allopurinol prevents nitroglycerin-induced tolerance in rat thoracic aorta	Journal of cardiovascular pharmacology	2014
12	Evaluation of Phytochemistry and Some Biological Activities of Aerial Parts and Seed of Scrophularia Umbrosa Dumort	Jundishapur J Nat Pharm Products	2017
13	Evaluation of Various Biological Activities of the Aerial Parts of <i>Scrophularia frigida</i> Growing in Iran.	Iranian Journal of Pharmaceutical Research	2017
14	Chemical composition and biological activities of essential oil and methanol extract of Scrophularia umbrosa	Research Journal of Pharmacognosy	2017
15	Evaluation of phytochemistry and some biological activities of aerial parts and seed of Scrophularia umbrosa dumort	Jundishapur Journal of Natural Pharmaceutical Products	2018
16	Effect of Methanolic Extract of Scrophularia subuphylla on Ischemia and Reperfusion-Induced Myocardial Injury	Pharmaceutical Sciences	2018
17	Phytochemical Analysis and <i>In-vitro</i> Bioactivity of <i>Scrophularia umbrosa</i> Rhizome ( <i>Scrophulariaceae</i> )	Iranian Journal of Pharmaceutical Research	2018
18	Phytochemical analysis and antiproliferative activity of the aerial parts of Scrophularia subaphylla	Research in Pharmaceutical Sciences	2019
19	Effects of Nigella sativa on glycemic control, lipid profiles, and biomarkers of inflammatory and oxidative stress: A systematic review and meta-analysis of randomized controlled clinical trials	Phytotherapy Research	2020

# Abstracts presented in conferences:

	conferences	country	year
1	21st National Biology Congress	Izmir, Turkey	2012
2	Edmonton Aging Symposium	Canada	2007
3	1 <sup>st</sup> national plant taxonomy conference of Iran	Research Institute of Forests and Rangelands, Tehran	2007
4	1 <sup>st</sup> Iran's phytochemistry conference	Shahid Beheshti University, Tehran	2007
5	Biology and Biochemistry conference	Payam nour University, Tehran	2007
6	The 3 <sup>rd</sup> congress of Medicinal plants	Shahed University, Tehran	2007
7	3 <sup>rd</sup> National congress on Medicinal Plants Ferdowsi University, Mashhad		2014
8	4 <sup>rd</sup> National congress on Medicinal Plants  Tehran University, Tehran		2015
9	21st International Iranian congress of physiology and Pharmacology	Tabriz University of Medical Science	2013
10	5 <sup>th</sup> Iranian congress of Medicinal Bacteriology	Maragheh University of Medical Science	2018

## Books:

publisher	translators	Original Book	Translated Book
Mobtakeran, Tehran	Fattah Moradi Elhameh Nikkhah	A Complete Handbook of NATURE CURE The most comprehensive family guide to health, the natural way  Nationally acclaimed Naturopath DR. H.K. BAKHRU	والمعالمة المعالمة ال

## Executive activities

- 1- Head of Cell Culture Laboratory, Maragheh university of medical science
- 2- Head of Research Laboratories, Maragheh university of medical science

۳- مدیر امور هیات علمی دانشکده علوم پزشکی مراغه